

Learning Together: Personal Development Book Recommendations

In order to jump start you on your journey of learning together, the NPC staff and chairman created a list of 12 – one for each month of the next year – personal development books.

- “Encouraging the Heart” by James Kouzes and Barry Posner
- “The Invitation” by Oriah
- “Daring Greatly” by Brené Brown
- “Lean In: Women, Work, and the Will to Lead” by Sheryl Sandberg
- “Rising Strong” by Brené Brown
- “Thrive: The Third Metric to Redefining Success and Creating a Life of Well-Being, Wisdom and Wonder” by Arianna Huffington
- “The Five Love Languages: How to Express Heartfelt Commitment to Your Mate” by Gary Chapman
- “Carry On Warrior: Thoughts on Life Unarmed” by Glennon Melton
- “The Art of Asking: How I Learned to Stop Worrying and Let People Help” by Amanda Palmer
- “Kisses from Katie: A Story of Relentless Love and Redemption” by Katie Davis
- “Eat, Pray, Love” by Elizabeth Gilbert
- “Wild: From Lost to Found on the Pacific Crest Trail” by Cheryl Strayed