**Intended Audience**
Physicians, Nurse Practitioners, Pharmacists, LCSW/LCPC/IOADAPCA, Psychologists, Teachers, and Behavioral Health Professionals

**Faculty Disclosure**
Mercyhealth has reviewed the program for any conflict of interest or commercial support. No member of the planning committee for this activity has any relevant commercial relationship to disclose. The speakers have no commercial relationship to disclose.

**Program Need**
Psychiatric disorders represent up to 40 percent of disorders seen in primary care. Many of those disorders go undiagnosed, under diagnosed or under treated. This educational activity is designed to provide strategies for monitoring and treating psychiatric patients. It will provide knowledge in terms of appropriate use of available diagnostic and treatment tools. As a regional resource for medical care and education, Mercyhealth assists in serving the educational needs of 17 hospitals, multiple clinics and physician offices, as well as over 500 practicing physicians.

**Program Description**
This conference is designed especially for physicians and other behavioral health professionals who are interested in cutting edge treatments and medications for psychiatric disorders. Nurses, social workers, teachers, and other clinical staff are also invited to attend. Mercyhealth, in collaboration with Rosecrance Health Network and the Illinois Center of Excellence for Behavioral Health and Justice will host experts who will give presentations on a wide range of disorders.

**Registration**
Registration is required. The cost for this program is $60. Please make checks payable to Mercyhealth. Return the attached registration form by mail, or fax to 815-971-9364. Continental breakfast and buffet lunch will be provided. Registration deadline is October 2nd.

For more information regarding the program contact Jane Mordick at 815-971-7082 or jmordick@mhemail.org.

**Accreditation**
Mercyhealth is accredited by the Illinois State Medical Society to provide continuing medical education for physicians.

Mercyhealth designates this live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mercyhealth provides equal opportunities in employment and programming, including Title IX requirements. Rockford Health System fully complies with the legal requirements of the ADA and the rules and regulations thereof. If any participant in this educational activity is in need of accommodations, please notify Jane Mordick at (815) 971-7082.

7 AMA PRA Category 1 Credits™
7 contact hours for nurses.
7 CEU’s are available through Rosecrance for LSW, LCSW, LPC, LCPC, LMFT, IOADAPCA and teachers.
7 CEUs are available for psychologists through the Illinois Center of Excellence for Behavioral Health and Justice.

20th Annual Clinical Aspects of Medical Psychiatry

**Clinical Aspects of Medical Psychiatry**
Thursday, October 19, 2017
8 am - 5 pm
Forest Hills Country Club
5135 Forest Hills Rd.
Rockford, Illinois
A full-day conference for physicians, nurse practitioners, pharmacists, LCSW/LCPC/IOADAPCA, psychologists, teachers, and behavioral health professionals.

20th Annual
Clinical Aspects of Medical Psychiatry

Thursday, October 19, 2017
8 am–5 pm
Forest Hills Country Club
5135 Forest Hills Rd., Rockford, Illinois

Sponsored by:

In collaboration with Rosecrance Health Network and the Illinois Center of Excellence for Behavioral Health and Justice.

Agenda

7:30–8 am
Registration, continental breakfast and view exhibits

8-8:15 am
Welcome and introductions
John Rudzinski, MD, FACEP, Director of Medical Education, Mercyhealth
Anthony D’Souza, MD, Mercyhealth

8:15-9:15 a.m.
The Hand That Feeds Me: Combining Neuroscience and Self-Compassion in the Treatment of Eating Disorders
Annette McLean, MS, LCPC
Annette McLean Counseling, Rockford

9:15-10:15 am
Psychiatric Issues in Pregnancy
Paul Berkowitz, MD, FAPM
Clinical Assistant Professor of Psychiatry and Behavioral Sciences; Rosalind Franklin University of Medicine and Science/The Chicago Medical School
Medical Director – Behavioral Health Services, Centegra Health System, Woodstock, IL

10:15-10:30 am - Break and view exhibits

10:30-11:30 am
Recognizing and Managing Stress
Carlyle Chan, MD
Professor of Psychiatry and the Institute for Health and Society (Bioethics and Medical Humanities) Medical College of WI, Milwaukee, WI

11:30-12:30 pm
The Science of Addiction
Raymond Garcia, MD
Assistant Professor in Clinical Psychiatry at University of Illinois College of Medicine at Rockford; Medical Director at Rosecrance Harrison Campus; Medical Director at Aspen Counseling and Consulting, LLC

12:30-1:30 pm - Buffet lunch, view exhibits

1:30-2:30 pm
Interactive Guided Imagery
Judie Heinschel, PhD, APRN, Assistant Professor, College of Nursing
Psychiatric-Mental Health Nurse Practitioner, College of Medicine, University of Illinois at Chicago – Rockford Campus

2:30-3:30 pm
How to Shatter Our Silence: Tools for Working with Suicidal Young Adults
Kevin Polky, CADC, LCSW
KP Counseling, Rockford, IL

3:30-3:45 pm - Break

3:45-4:45 pm
Preventing Burnout Among Mental Health Care Professionals
Carol Craig, MD, Psychiatrist with the Rosecrance Medical Group, P.C.

4:30-5 pm
Questions, discussions, evaluations

Learning Objectives

1. Understand eating disorders and treatment with a specific emphasis on cognitive neuroscience and the importance of self-compassion in recovery.
2. Identify psychiatric issues in the pregnant patient.
3. Describe the pathophysiology of stress and ways to combat it.
5. Discuss evidence for use of Guided Imagery (GI) and Interactive Guided Imagery (IGI).
6. Review techniques used to talk about factors that lead to suicide.
7. Identify evidenced based solutions to prevent burnout in mental health care professionals.

Registration Form

Registration Fee – $60
☐ Check Enclosed – Payable to Mercyhealth

☐ VISA ☐ MASTERCARD ☐ DISCOVER

Card # ________________________________
Exp: _______________________________
Signature: __________________________

I authorize Mercyhealth to charge my credit card account above in the amount of $60 for the 20th Clinical Aspect of Medical Psychiatry Conference

Name ______________________________
Title ______________________________
Email ______________________________
Organization _________________________
Address _____________________________
City, State, Zip _______________________
Phone ______________________________

Please complete the registration by October 2 and mail your form with payment to:

Jane Morlick
Medical Education Department
Mercyhealth
2350 N. Rockton Ave., Suite LL05
Rockford, IL 61103