



Travel Day Checklist & What to Pack

Travel Day Checklist, July 28, 2016

What to wear: red MYC polo; black track jacket; comfortable, modest pants/jeans; comfortable shoes, (easy on and off for airport security).

Schedule:

- 8:30am arrive (no later than); check in with chaperone; load luggage onto coaches at Covenant Presbyterian Church (parking lot), 326 S Segoe Road--same place as our concert and final meeting;
- 8:45am group picture and final goodbyes
- 8:55am load coaches;
- 9:00am coaches depart for Chicago

Food on Travel Day: Please ensure your singer has eaten a good breakfast and send a **sack lunch/snacks** with her for the day. Pocket money for snacks/additional food at O'Hare is also encouraged. We depart at 4pm and KLM feeds us well (dinner, snacks and breakfast) on this flight!

Passport and Consent for Minor to Travel form should be on your singer/easily accessible but secure. Chaperones will ask to see these items before loading buses.

Quick Notes About What to Pack

- **Red MYC polo** and **black track jacket** are not listed below but will be worn on outbound travel day as noted above. (We will remind you!)
- The average temperature in Aberdeen in July/August is 68 to 72 degrees and it rains often (but we'll have lots of daylight!).
- Not including our outbound travel day, we are gone for 11 days.
- We will NOT be doing laundry for personal items; be sure to pack at least eleven pieces of undergarments, etc.
- Many days will include a change of clothes at some point during the day; with care, your items can be hung up and re-worn without laundering. We will communicate the wardrobe for each day when we are in Scotland.
- All bedding and towels are provided.
- AIYF provides a sling-sack which is handy to use throughout the festival as a day-pack

Suitcase Items

- Black concert dress (please include one hanger!)
- MYC herringbone necktie (will be distributed with tour wardrobe items at summer rehearsal)
- One Old Navy casual bottom piece—either skirt or trousers
- Two Scotland Tour polos—both pink and turquoise
- Three Scotland Tour T-shirts: black, grey and Galapagos blue
- Flat, black dress shoes—can be combined with comfortable shoes below if dressy enough
- Black hosiery/leggings (optional—to be worn under skirt/dress if it's chilly)
- Comfortable shoes for walking, playing, sightseeing, etc.
- Three additional/spare comfortable outfits for playing, sightseeing, walking, hiking, etc. Casual top with jeans, skirt or trousers. These items should be nice looking and not ripped, torn, faded, etc. Basically you should decide how you want to dress during your "down" time. These will often be worn for just part of a day (or for going to breakfast) so can likely be re-worn on another day without being laundered.
- Athletic or play clothes (optional); you may have the opportunity to run/exercise with a chaperone
- Enough undergarments, socks, etc. for the entire trip (11 changes)
- all toiletries including shower soap
- toiletries bag (if needed) for transporting soap and shampoo to shower facilities—each dorm room has its own sink

- shower shoes (e.g., flip flops) for shared shower facilities
- bathrobe (if desired) for walking the corridor between bedroom and bathroom (if pajamas are modest, this is likely not needed)
- pajamas; sweatpants, etc., (for relaxing in dorms and sleeping)
- small laundry bag marked with your name (this could be a sturdy disposable garbage bag)
- photocopy of your passport inside your luggage
- MYC music in a (nice) black binder
- Travel alarm clock, wristwatch, etc., for waking up on time each morning
- Camera/phone (optional)
- Scotland Tour garment bag (this will be provided with tour wardrobe at rehearsals this summer)
- If you are bringing anything that needs to be plugged in (hair dryer, shaver, cell phone, etc.) you will need a voltage converter and a UK outlet adaptor.

KLM passengers are allowed a maximum of three items:

- One checked bag
- One carry-on bag
- One accessory

KLM checked baggage restrictions:

- 50 lbs maximum. Pack **under** this limit to accommodate what you might bring home. You are responsible for all overweight baggage fees.
- Size cannot exceed 62 inches (length + width + height)

KLM Carry-on Baggage Restrictions

- You are allowed 1 bag no larger than 21.5in x 10in x 13.5in
- And one accessory e.g., handbag, camera or laptop for a total combined weight not exceeding 26lbs

Carry-on Items

Prescription Medication (from TSA Blog):

- You can bring your medication in pill or solid form in unlimited amounts as long as it is screened.
- Medication in liquid form is allowed in carry-on bags in excess of 3.4 ounces in reasonable quantities for the flight. It is not necessary to place medically required liquids in a zip-top bag. However, you must tell the officer that you have medically necessary liquids at the start of the screening checkpoint process. Medically required liquids will be subjected to additional screening that could include being asked to open the container.
- You can travel with your medication in both carry-on and checked baggage. It's highly recommended you place these items in your carry-on in the event that you need immediate access.

From State Department UK-specific page:

- Carry prescription medication in original packaging, along with your doctor's prescription (if possible). Certain prescriptions available in the United States are classed as narcotics in the United Kingdom and are not available.

Contact lenses and/or your glasses should also be packed in your carry-on.

Pocket Money

All meals, entrance fees, tips, etc., are provided but we suggest each singer have her own pocket money for incidentals and souvenirs. Check with your bank regarding your options for sending cash (British Pounds Sterling) or a debit/credit card with your daughter. (We will help younger singers with their cash, if needed. Please be in contact with your daughter's chaperone before departure day if this will be requested so they can anticipate and have a plan.)

Cell Phones and Mobile Devices

Check with your carrier for coverage and international plan options if desired. Lynn's cell phone will be your emergency contact number while we're in Scotland: 608-206-0770.